
The Story of Biochemistry. *Justine Glass.* Philosophical Library, Inc., New York. 1964. 232 p. \$10.00.

The title on the cover is only the first misstatement in this sermon on the importance of minerals in the diet. Justine Glass is a "well-known" British dietician and nutritionist, and the specific name of her faith is "biochemic therapy." The prophets that she discusses include such distinguished biochemists as Paracelsus (founder), Dr. Wilhelm Schussler (convert from homeopathy), and Dr. Henry Gilbert (life Vice-President of the B.B.A.). The text is distinguished in almost every paragraph, not only by grammatical errors and rhetorical absurdities, but also by the most startling dogmatic revelations: "For millions of years before the human race began, chlorophyll was preparing for its coming." The creed for modern medical research is admirably simple: "The biochemic therapist believes that the answer to the vast threat of cancer is prevention of cell-deterioration. He holds that this can be done by providing the cells with the materials they need, so that they can function normally and keep a high level of resistance to disturbances of all kinds. And also by avoiding, as far as possible, substances which are dangerous to health." There is no bibliography, but a 24-word glossary on page 230 goes from "Agronomy Study of soil and rural conditions," to "Varices: Varicose veins." The price of this tract is an extraordinary presumption.

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