

HISTORY
COLLEGE OF MEDICINE
1959-1968

Chapter 19
Department of Psychiatry

R.M. Patterson, M.D.

I. ACADEMIC

Generalities

The decade, 1958-1968, was characterized by many significant changes influencing the evolution of the Department of Psychiatry. The Columbus Psychiatric Institute and Hospital under the state Division of Mental Hygiene housed in 1958 most of the activities of the Department of Psychiatry. The Chairman of the Department was also the Superintendent and Medical Director of the Columbus Psychiatric Institute and Hospital. As the service objectives of the Division of Mental Hygiene and the academic and research activities of the Department of Psychiatry presented problems in collaboration and coordination it became advisable to resolve the difficulties. As it seemed impossible to harmonize these divergent interests, the Department of Mental Hygiene and Corrections promoted a bill providing for transfer of the Institute to the University. This was passed by the legislature and transfer effected July 1, 1961. Hospital administrative activities were then taken over by University Hospital and the chairman became free to devote himself entirely to the Department of Psychiatry. The changes had both advantages and disadvantages, but unburdened the Chairman from the responsibility of reporting to divergent administrations. In this sense, at least, the transfer was advantageous.

The north wing of the Psychiatric Institute and Hospital, renamed Upham Hall shortly after transfer to the University, was still unfinished on July 1, 1961. When construction work was completed in 1962, fifty additional beds were made available to the department and the research area was tripled in size. The new addition included a number of other needed facilities: conference rooms, classrooms, a fine auditorium, and several suites with one-way mirrors for the teaching and observing of interviewing and other therapeutic techniques.

Following the opening of the "research wing" in Upham Hall, it became possible to remodel 1-West and move the Adult Psychiatric Out-Patient Clinic from Starling-Loving Hall to Upham Hall. The more spacious quarters thus provided enhanced considerably the facilities for the teaching of students and residents and fitted in nicely with the curriculum changes already introduced by the time the new clinic was opened in 1963.

The appointment of Dr. Ian Gregory as Chairman of the Department of Psychiatry in 1965 relieved Dr. Patterson of those responsibilities which he had carried for the previous fourteen years and initiated a healthy ferment of change and growth. Most noteworthy were the expansion and development of psychological services and graduate instruction, the establishment of a Child Psychiatry Out-Patient Clinic and the introduction of an in-patient service for adolescents. The development of Child Psychiatry was of particular importance in creating a balanced program of instruction for graduate students and residents.

Curriculum Evolution

Undergraduate

Beginning in 1958 the National Institute of Health awarded the Department of Psychiatry \$6000 per annum for student fellowships. Undergraduate medical students could devote a period of time to research or clinical experience and receive for their efforts a stipend of \$600. These fellowships were continued in subsequent years.

The course in psychiatry provided freshmen medical students was phased out in 1963-1964, and the sophomore course was phased out in 1964-1965. The deletion of these two courses was paralleled by the development of a more adequate clinical and teaching experience for juniors and seniors provided by the establishment of a rotation for two months full time in the Department of Psychiatry. The elimination of the freshman and sophomore courses was not a total loss as some instruction in interviewing technique was then introduced in the pre-clinical course: "The Comprehensive Evaluation of the Patient". Beginning in 1965 all pre-clinical medical students were given a clinical experience in a brief intimate contact with a member of the faculty and the opportunity to interview a psychiatric patient. The ratio of one instructor to four students offered what appeared to be the optimum in this early clinical experience in the field of psychiatry.

The establishment of a consultation-liaison service in 1965 promoted a means of integrated teaching between the Department of Psychiatry and Internal Medicine in particular and eliminated encumbrances in providing consultation service for other departments.

The rather remarkable rearrangement and renovation of the Medical College curriculum achieved by 1965 allowed each student to have time for a few elective courses during the clinical years. Elective courses in psychiatry provided the students with clinical experience in either the inpatient or the outpatient department.

Other undergraduate teaching included a course in psychiatry for occupational therapy students, participation in the teaching of psychiatry for nurses and seminars provided for students and residents in obstetrics and gynecology, physical medicine, internal medicine, and occasionally other departments.

Graduate

The establishment of the consultation-liaison service added another facet to the teaching of the undergraduate students, but was more important in the development of a knowledge of the psychophysiological disorders in the resident training program. This was however, not the only change in the resident teaching. The various courses and seminars had been undergoing a continuous change in keeping with the sophistication and size of the faculty body. The program for residents and for candidates for a Master of Science degree in the Department of Psychiatry had become well crystallized by 1959 although subsequent modifications were made as indicated. The required seminars included research methodology, basic courses in neurology, neuropathology, neurophysiology, and psychiatry and clinical courses in psychotherapy, psychiatric literature, and physio-

logical psychiatry. With the development of the psychology laboratory and the expansion of clinical psychology, additional offerings were presented in the area of psychological tests.

All residents were required to take a core curriculum but registration in the Graduate School was not demanded until 1964. Despite the lack of compulsion there were fifteen residents registered in the Graduate School as candidates for the Master of Science degree in 1962.

Courses in electroencephalography had from the beginning been in the Department of Psychiatry but the EEG laboratory and the related courses were transferred from Psychiatry to Internal Medicine, Division of Neurology in 1965.

The number of visiting professors entertained by the Department remained at a level of three to four per year from 1958 to 1965. In the following year there were twelve visiting lecturers and this level was maintained in subsequent years. The visiting lecturers were men of prominence in both research and clinical areas.

Post-Graduate Instruction

A "refresher course" in psychiatry and neurology was first presented in 1958. This was primarily for those psychiatrists who wished to take the American Board Examination and felt themselves inadequately prepared. This course was repeated for a four-week period of time over the next several years with enrollment limited to ten students. The demand for this refresher course subsided with changes in the American Board policies and it was discontinued in 1967.

Occasional short one-day intensive courses were offered for general practitioners. One which received considerable attention was a marriage seminar presented in 1964.

Prior to 1961 the Department offered, in collaboration with the Division of Mental Hygiene, a five year training program for residents which included three years of training in the Department of Psychiatry and two years of service in some facility within the Division of Mental Hygiene. This program was discontinued with the transfer of the Psychiatric Institute to the University in 1961.

In the late 1950's efforts were begun to develop an integrated program of instruction in psychiatry for all residents in the Columbus metropolitan area. The Columbus State Hospital found it impossible to adapt their program to an integrated arrangement, but the Harding Hospital staff concluded that an affiliation would be advantageous to both organizations. Such an affiliation was completed in 1967 and has provided for some consolidation of teaching programs and a limited exchange of residents who desired a more varied clinical experience.

Awards

Research work carried out under Dr. Ben Pasamanick, the former director of research in the department, and Dr. Simon Dinitz of the Sociology Department directed at determining the possibility of preventing hospitalization of psychiatric patients by drug therapy brought to them and their assistants the American Psychiatric Association's Hofheimer Award in May, 1967.

11.

Research

An able group of researchers was collected by Dr. Pasamanick and the space available was soon overcrowded. The opening of the north wing tripled the research space and permitted the addition of further staff in 1961. In that year the researchers and their assistants numbered over 100 and the annual expenditures in research amounted to over one million dollars. Over half of this came from federal grants. The productivity of the research division was such that by the time Dr. Pasamanick resigned after a nine year period of remarkable growth, the publications numbered some 600. The areas under investigation included chemistry, physiology and pathology of the central nervous system, social psychiatry, experimental psychology, psychopharmacology, and clinical psychiatry.

The Division of Behavioral Science replaced the research division in 1965 and all research came under the supervision of the Chairman of the Department, Dr. Ian Gregory. A number of changes in the direction of research efforts took place between 1965 and 1968 in keeping with the departures and the acquisition of new personnel and the expansion of clinical psychology and child psychiatry. The publications during these years reflects the changes with an increase in publications in the fields of psychology and child psychiatry and some decrease in epidemiology and social psychiatry. However, the quality and the number of publications continued at a high level.

In addition to the many papers published, a number of members of the faculty contributed chapters to various texts and two noteworthy texts were published: Eclectic Psychiatry by Kaelbling and Patterson, 1966, and Fundamentals of Psychiatry by Ian Gregory in 1967.

A unique research development by Walter Knopp in pupillography utilized the pupillograph to evaluate pupillary changes in response to the use of psychotropic drugs. The expensive equipment required was initially rented, but eventually acquired by the Department with the aid of money from the Psychiatric Research Foundation of Columbus.

In support of the research activities of the Department, which continued to be productive of forty to fifty papers a year, the Departmental Library continued to expand and was so heavily utilized that some evening hours had to be added to the previous regular day hours. The number of books in the library totaled some 4200 by 1968 in addition to which there were 950 bound journals. Although the library was of tremendous value to research personnel, the utilization by medical and nursing students and graduate students in psychiatry and psychology accounted for a high percentage of the circulation. This library has undoubtedly contributed greatly to the teaching and research activities of the Department.

BIOGRAPHIES
DEPARTMENT OF PSYCHIATRY

ADDISON, WILLIAM P.

B.A. Louisiana Coll. 1927; M.D. Tulane U. 1931; Asst.
Prof. 1961-64.

ANDERSON, ROBERT C.

B.S. Indiana U. 1927; M.D. Indiana U. 1929; Asst. Prof.
1958-59.

BAKER, CALVIN

M.B. U. of Cincinnati 1932; M.D. U. of Cincinnati 1933;
Instr. 1950; Assoc. Prof. 1952-59.

BARGER, BENJAMIN

A.B. George Washington U. 1947; Ph.D. Duke U. 1952; Instr.
1953; Asst. Prof. 1955-59.

BAUMGARTNER, RICHARD

A.B. Dennison U. 1954; M.D. Western Reserve U. 1958;
Instr. 1968.

BEIER, EILEEN

A.B. Temple U.; Ph.D. Yale U. 1958; Asst. Prof. 1965-67.

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A.B. Syracuse U. 1953; Ph.D. State U. of Iowa 1956;
Asst. Prof. 1965-68.

BORELLI, GEORGE

M.A. Kent State U. 1950; Ph.D. O.S.U. 1960; Asst. Prof.
1967 -

BRANDES, NORMAN

B.A. New York U. 1947; M.D. U. of Tennessee 1950; Asst.
Prof. 1966-68; Assoc. Prof. 1969 -

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B.S. Youngstown Coll. 1954; M.D. O.S.U. 1958; Asst. Prof.
1966-68.

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B.A. O.S.U. 1949; M.D. O.S.U. 1954; Asst. Prof. 1966 -

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A.B. Ohio Wesleyan U. 1935; M.D. O.S.U. 1939; Lecturer
1956-58; Asst. Prof. 1958-69; d. 1969.

CARLTON, ROBERT

B.S. Murray State Coll. 1948; Ph.D. O.S.U. 1953; Asst.
Prof. 1967 -

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B.S. Dickenson Coll. 1947; M.D. U. of Rochester 1951;
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Asst. Prof. 1966 -

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B.S. New York U. 1930; Ph.D. U. of Texas 1942; Assoc. Prof.
1960-67; Prof. 1967 -

CRAIG, JAMES

M.S. U. of Michigan 1942; M.D. U. of Georgia 1947; Assoc.
Prof. 1952; Prof. 1955-60.

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B.A. Coe Coll. 1949; M.D. State U. of Iowa 1953; Instr.
1962-68.

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ERLICH, HOWARD

B.A. O.S.U. 1953; Ph.D. Michigan State U. 1959; Instr.
1959-62.

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M.A. U. of Basel, Switzerland; Ph.D. U. of Basel 1945;
Prof. 1961 -

FOX, RONALD

A.B. U. of North Carolina 1958; Ph.D. U. of North Carolina
1962; Assoc. Prof. 1968 -

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B.A. Bowdoin Coll. 1948; Ph.D. U. of Illinois 1958;
Asst. Prof. 1963-64.

GARDNER, MALCOLM

B.S. Coll. of Charleston 1947; Ph.D. U. of Illinois 1953;
Instr. 1955; Asst. Prof. 1958 -

GOLDMAN, HAROLD

M.S. U. Of Chicago 1953; Ph.D. U. of Illinois 1957; Instr.
1957-58; Asst. Prof. 1958-66; Assoc. Prof. 1967 -

GOOLD, EDMOND

M.D. National U. of Ireland 1946; Asst. Prof. 1968 -

GOVE, ROGER

B.A. O.S.U. 1937; M.D. O.S.U. 1941; Asst. Prof. 1951-67.

GREEN, EUGENE W.

B.A. Columbia U. 1928; M.D. Cornell U. 1931; Assoc. Prof.
1961-67; Prof. 1967 -

GREGORY, IAN

B.A. U. of Cambridge, England 1946; M.D., B.Chir. U. of
Cambridge 1948; Professor and Chairman, Department of
Psychiatry 1965 -

GRIFFIN, RICHARD

B.A. U. of California 1954; M.D. U. of California 1957;
Instr. 1966 -

GUDDA, HARRY

B.S. Purdue U. 1954; M.D. O.S.U. 1962; Instr. 1967 -

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M.D. University Coll. of London, England 1955; Instr. 1962;
Asst. Prof. 1965 -

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M.D. U. of Marburg, Germany 1951; Asst. Prof. 1960-67;
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HARDING, CHARLES W.

B.A. Otterbein Coll. 1938; M.D. O.S.U. 1942; Instr. 1951 -

HARDING, GEORGE, JR.

B.A. LaSierra Coll. 1949; M.D. Loma Linda U. 1953; Asst.
Prof. 1962 -

HARDING, GEORGE, SR.

B.A. Washington Missionary Coll. 1923; M.D. Coll. of
Medical Evangelists 1928; Prof. 1928-48, 1951-68.

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B.A. LaSierra Coll. 1953; M.D. Loma Linda U. 1957; Instr.
1963; Asst. Prof. 1964 -

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M.D. U. of Pittsburgh 1949; Asst. Prof. 1968 -

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Assoc. Prof. 1966-69; Prof. 1969 -

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Assoc. Prof. 1967 -

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M.D. U. of Heidelberg, Germany 1950; Asst. Prof. 1967-

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B.A. Lwow, Poland 1941; M.D. U. of Heidelberg, Germany
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1956-59; Asst. Prof. 1959 -

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B.S. U. of Wisconsin 1958; M.D. U. of Wisconsin 1961;
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1959; Prof. 1965 -

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1969 -

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1957-58; Asst. Prof. 1958-67; Assoc. Prof. 1967 -

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40; Asst. Prof. 1946; Assoc. Prof. 1951-69; Prof. 1969 -

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1951-1965; Prof. 65 -

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69; Prof. 1969 -

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M.D. Franz-Joseph University, Szeged, Hungary 1940; Instr. 1968 -

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M.D. U. of Ottawa Medical School 1960; Instr. 1966 -

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