
Ovulation in Women

This volume, one of the series on Medical Aspects of Human Fertility published under the auspices of the National Committee on Maternal Health, is an extremely well-written account of the time of ovulation, the possible time of conception, and the "safe period" in women. It is entirely free from religious prejudice, or bias of any sort. The style is delightful and the analysis keen and critical. A great deal of factual and experimental material, both on human and monkey subjects, is presented and discussed. The book is not too technical to be read and understood by the layman, yet is of absorbing interest to the biologist. The evidence for mid-interval ovulation for women, and the relatively safe period outside of days 8 to 21 of the cycle, while not complete, is considered the most plausible at present.—L. H. S.

Time of Ovulation in Women, by Carl G. Hartman. x+226 pp. Baltimore, The Williams and Wilkins Co., 1936. \$3.00.

The Alcohol Problem

Not a diatribe, not a preachment, not a sentimental fable, not a pseudo-scientific emotional appeal, but a brief and calmly scientific discussion of the physiological effects of alcohol upon the human body is this little book which represents one of the newer trends in moral education wherein the traditional dictum of "Thou shalt not!" is replaced by "These are the facts. What should you do about them?" The author presents these facts in story form expressed in simple language, which in no way lessens the accuracy of the material presented, and in lucid, flowing, and at times humorous style which should appeal both to the youths of grades 7 to 12, for which it is primarily intended and to grown-ups as well. The author wisely avoids getting too much involved in the controversial social aspects of the problem, but he has written a straight-forward and honest account in which American youth is urged to form personal judgment on the basis of widely accepted facts.—B. B. M. MEYER.

Alcohol Talks to Youth, by Howard E. Hamlin. 63 pp. Columbus, Ohio, School and College Service, 1935. \$0.24.