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**Effective Living**

This textbook for senior high school students was designed to help them discover ways of effective living. To live effectively they must consider themselves as individuals, as members of a family, and as useful citizens of a community; these three aspects form the organization of the book. Its content, however, is limited mainly to health knowledge and practises; so it is really a book of individual, family, and community hygiene. Although it is authoritative in its method of presentation (like most textbooks!), the information is interesting and the health practises sound. An excellent appendix is included on the control of communicable diseases.

—*J. G. Haub.*

**Effective Living**, by C. E. Turner and Elizabeth McHose, 432 pp., with 164 illustrations. St. Louis, The C. V. Mosby Co., 1941.