

What did I learn?

- How Japan deals with trash
- How Japan suffered and recovered from the bombing of Hiroshima
- How Japan dealt with diseases (such as Itai-Itai and Minamata disease)



Motivation for this Project:

As a half-Japanese individual growing up in America, I wasn't familiar with Japanese culture. So, I thought that this was a perfect opportunity to become closer to myself. I always believed that living in another country for 3+ weeks would be transformative. So, I wanted to experience it for myself. I would highly recommend any student who is considering this possibility to give it a chance.



Public Health in Japan

Project Description:

I traveled to Tokyo to present 2 projects about Public Health Issues such as health issues in farming villages in Japan, and differences in student life in America vs Japan. After a couple lectures, we traveled around many important places in Tokyo, Toyama, Hiroshima, Fukuoka, Minamata, and Sendai. For example, short field trips will be conducted throughout Hiroshima prefecture, to explore the city's history and the aftermath of the nuclear bomb.



Transformational Experience:

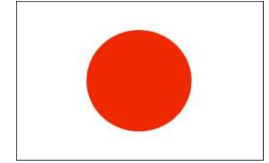
This transformation was very significant for my life because I was able to see new perspectives on the different lives and histories of the other half of my culture. Without seeing varying points of view, many people can grow to become very close minded. I am thankful to be able to experience this project as I feel more educated about the world around me and it has even made me want to explore more parts so that I can learn even more.

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STEP Project Category: Education Abroad

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Major: Neuroscience



Favorite Part of the Trip:

I loved becoming very close friends with the people I traveled with and the people I met in Japan during the trip! I especially liked the food and the public transportation which are different from America.

