Supplementary Figure 1. Search Process

**Identification**
- Using key words to research in major research databases
  - Potential articles (n=3423)
    - Articles exclude based on title review, repeated from different data-base (n=2877)

**Screening**
- Articles for detailed review (n=546)
  - Articles exclude based on abstract and partial article review (n=211)

**Eligibility**
- Eligible articles for all mental health problems (n=335)
  - Articles that did not focus on specific mental health problems (n=103)

**Included**
- Articles focus on specific mental health diagnoses in this systematic review (n=232)
  - Articles that did not focus on specific mental health problems (n=219)
- Articles that focus on PTSD in this systematic review (n=13)