Table of Contents

Introduction 1

Role of the National School Lunch Program 2
  Income Eligibility Guidelines (Table 1) 2
  Average Characteristics (Table 2) 5
  Case Study Verification (Figure 1) 6
  Summary of Verification (Table 3) 7
  Income Status (Table 4) 8

Poor Nutrition Affects Education 9
  Food Guide Pyramid (Figure 2) 11

Summary of Local Survey Results 14
  High School Lunch Menu—Six Week Cycle 15

Limitations and Directions for Future Research 17

References 19